

HISTORY AND PHYSICAL EXAM

NAME _____ DATE _____

PLEASE MARK IN BLACK OR BLUE INK ONLY

HISTORY (PLEASE MARK IN EACH SECTION AND BE SPECIFIC)

CHIEF COMPLAINT (WITH LOCATION) _____

HISTORY OF FOOT OR ANKLE PROBLEM _____

STARTED _____ HOW LONG _____

CHANGES _____

PRIOR TREATMENT _____

PRIMARY CARE DOCTOR _____ DATE LAST SEEN _____

PAST MEDICAL HISTORY

- DIABETES BLEEDING DISORDER HEART PACE MAKER LOW BLOOD PRESSURE RHEUMATIC FEVER SKIN PROBLEMS SWELLING EXTREMITIES WEIGHT LOSS
 ANEMIA CANCER HEPATITIS MITRAL VALVE PROLAPSED SEIZURE DISORDER STOMACH PROBLEMS THYROID PROBLEMS
 ASTHMA HEART DISEASE/PROBLEMS HIGH BLOOD PRESSURE NERVOUS CONDITIONS SICKLE CELL ANEMIA STROKE WEIGHT GAIN
 I HAVE NO MEDICAL PROBLEMS THAT I AM AWARE OF OTHER _____

PAST SURGICAL HISTORY (PLEASE LIST ANY AND ALL EVEN IF IT DOES NOT APPLY TO YOUR FEET)

HOSPITALIZATIONS/SURGERIES (PLEASE INCLUDE DATES): _____

I HAVE **NEVER** HAD SURGERY OR BEEN HOSPITALIZED

ALLERGIES

- ANTI-INFLAMMATORY ASPIRIN CLOTHING CODEINE FOOD IODINE LOCAL ANESTHETICS PENICILLIN SULFA DRUGS SULFITES TAPE
 I HAVE NO ALLERGY PROBLEMS THAT I AM AWARE OF OTHER _____

HAVE YOU HAD ANY OF THE FOLLOWING VACCINATIONS

- PNEUMOCOCCAL VACCINE DATES: _____
 INFLUENZA VACCINE DATES: _____

FAMILY HISTORY

- ASTHMA ARTHRITIS BLEEDING DISORDERS CANCER CIRCULATORY DIABETES GOUT HEART DISEASE HYPERTENSION PROBLEMS WITH ANESTHESIA

SOCIAL HISTORY

OCCUPATION _____ REQUIRE STANDING? YES NO #HOURS PER DAY _____ STUDENT YES NO

TOBACCO? (PKG/DAY) _____ NONSMOKER FORMER SMOKER SECOND HAND SMOKE EXPO CURRENT SMOKER DESIRES QUITTING

DOES NOT DESIRE QUITTING SMOKELESS TOBACCO USER SMOKING HISTORY (DESCRIBE) _____

ALCOHOL? NEVER RARELY SOCIALLY FORMER DRINKER OCCASIONAL ALCOHOLIC OTHER _____

TEA/COFFEE/COKES/# PER DAY _____

PLEASE TELL US ANY AND ALL ADDITIONAL INFORMATION YOU FEEL WE SHOULD KNOW _____

PHARMACY NAME _____ PHONE NUMBER _____

PATIENT NAME (PRINT) _____ SIGNATURE _____

PARENT OR AUTHORIZED REPRESENTATIVE (PRINT, IF APPLICABLE) _____ DATE _____